

stroller TRAFFIC



april, 2010

... checklist

gear + equipment

Stocking up for a new baby can be overwhelming. The StrollerTraffic Checklist makes things easier with an authoritative list of everything you need, from diapering and feeding essentials to layette and bath time must-haves.

ITEM	RECOMMENDED BRANDS	TIPS
Stroller	Bugaboo, Silver Cross Dazzle, UPPAbaby G-Luxe, Graco SnugRider	Use the SnugRider until baby is ready for the Dazzle or G-Luxe (around 9 months).
Footmuff	7 A.M. enfant for winter; Bundleme Lite for spring.	Bugaboo footmuff does not fit many umbrella strollers.
Infant car seat	Graco SnugRide	Get the SnugRide insert headrest.
Toddler car seat	Britax Roundabout	The Nomie Baby cover is a lifesaver.
Swing	Fisher Price Rainforest, Papasan Cradle	Running the Papasan's mobile, music and toy tray all at once can totally over stimulate baby.
Bouncy seat	Oeuf, Fisher Price Rainforest	Feed babies with acid reflux in the bouncy.
Pack n' Play	Graco	Practice assembly when naptime isn't imminent.
Carrier	Lillebaby Everywear, Ergo Baby, Market Sling	Don't throw out the Ergo how-to DVD. You'll need it.
Car mirror	Baby In Sight	Adhesive tape loses its stickiness after a while, so keep some extra two-sided tape in the car.
Tummy Time mat	Tiny Love – Gymini Musical Kick & Discover	Gymini play mat toys double as stroller toys.
Exersaucer	Evenflo SmartSteps	Invest in a few Switcharoos when attention span dims.



ITEM	RECOMMENDED BRANDS	TIPS
Take-me-home outfit	Egg baby, Ralph Lauren Baby	Keep it simple. Leaving the hospital is stressful, you won't want to be bothered with a difficult costume change.
Side-snap undershirts (5)	Under the Nile	Essential until the umbilical cord falls off.
Onesies (5)	Petit Bateau	Super-thin cotton ones are best for layering.
Footies (5)	Lotus Springs	The ones that button-up the front are easiest.
2-piece outfits (3)	giggle better basics	Get some with feet and some without.
One-piece rompers (3)	kate quinn organics	Essential for the crawling stage.
Sweaters (2)	babyGap	Great item for monogramming!
Sun hats + skull caps (3)	Zutano	Lots of newborn outfits come with caps.
Socks (5)	babyGap, Trumpette	Most other brands don't stay on very well.
Crib shoes	Robeez, New Balance	Totally unnecessary, but fun.
Receiving blankets (5)	SwaddleDesigns	If you want cashmere, make sure it's machine-washable. Your baby will spit up on the blanket every time.
Sleep gowns (3)	Kissy Kissy	The ones that snap-up the front are easier to manage than the ones that slip over the baby's head.
Swaddling blankets (3)	Swaddle Me, aden + anais	Cotton for summer, fleece for winter.
Sleep sacks (3)	Halo	Designer versions are cute, but you will be the only one to ever see them.
Detergent and stain remover	Dreft, Seventh Generation	Use infant stain remover on YOUR clothes, too. Great for shoulder spit-ups.

feeding



ITEM	RECOMMENDED BRANDS	TIPS
Bottles	Dr. Brown's BPA-Free	Frequent dishwasher runs make them leaky.
Bottle warmer	Avent	Getting baby used to tepid (rather than warm) bottles will make the transition to cold milk easier.
Bottle sterilizer	Avent	You can also boil water on the stove.
Sterilizer bags	Medela	Some moms skip the sterilizer altogether and just use the bags.
Dishwasher basket	Prince Lionheart	Loose straws from sippy cups can fall out of the basket and wreck your dishwasher.
Bottle drying rack	Skip-Hop	Comes with a great bottle brush.
Burp cloths	Em&Bee	You'll need more than you think (20, maybe?).
Bibs	Bumpkins	Waterproof and Velcro are the way to go.
Electric pump + accessories	Medela Freestyle	It's not a bad idea to have a manual pump in case of electricity outages.
Nursing pads	Lansinoh	Other brands are too thick and show through clothes.
Nursing gel patches	Soothies	Use them proactively.
Nursing cream	Lansinoh	Stains like crazy.
Nursing pillow	My Breast Friend	Get an extra cover for accidents.
Nursing cover	Hooter Hiders	Even open-minded friends appreciate the discretion.
Food processor	Beaba Babycook	Freeze extra baby food in a Tupperware ice cube tray with cover.
Sippy cups	The Safe Sippy, Playtex	Get baby used to drinking both water and milk from the sippy as soon as you introduce it.
Toddler utensils	Boon ModWare	The color gets kind of funky after a gazillion dishwasher runs.
High chair	Peg Perego, Svan	The stroller is a great transitional place to feed baby (before the high chair).

diapering



ITEM	RECOMMENDED BRANDS	TIPS
Diaper bag	Ju Ju Be, petunia pickle bottom	Get a cheap-o one for rainy days.
Diapers	Pampers Swaddlers, Seventh Generation	Order in bulk from diapers.com .
Unscented, sensitive wipes	Huggies are thicker; Pampers are softer	Skip the wipes warmer; not necessary and your baby will wince at chilly wipes on the go.
Wipes travel case	Pampers	You can also just keep wipes in a Ziploc bag.
Scented diaper sacks	Sassy	It's only fair to use these when tossing diapers in public.
Disposable changing pads	Huggies	Reuse if not "soiled."
Diaper trash pail	Diaper Dekor	Always lock it shut, as there is a sharp razor mechanism inside for cutting the bags.
Travel changing pad	patemm	Many diaper bags come with a changing pad.
Diaper rash ointment	A&D for prevention; Triple Paste for rashes	Get a tub for the changing table, and a tube for the diaper bag. Warning: Triple Paste stains clothes.
Changing pad cover	Naturepedic organic cotton	Your baby will spend a lot of naked time on the changing table, so it's one place where organic cotton makes sense.

bathing



ITEM	RECOMMENDED BRANDS	TIPS
Infant bath tub	Fisher Price Aquarium Bath Center	Gets insanely slippery with baby oil.
Shampoo, body wash, lotion	Method, California Baby	Might stain your washcloths.
Brush and comb	Peek-a-Boo	Plastic comb teeth break easily (choking hazard).
Washcloths	Playskool	Fluffy terry washcloths are too thick for tiny baby parts.
Hooded towels	Pottery Barn Kids	You'll get tons of these as gifts.
Bath toys	Boon	Squirter toys collect water and grow mold.
Drying rack for bath toys	One Step Ahead Organizer Tray	Toy nets get slimy.

sleeping



ITEM	RECOMMENDED BRANDS	TIPS
Pacifier	Mam, Nuk	Buy one of several brands until you know which one baby likes.
Sheet saver	TL Care	Doubles as a liner for the Bugaboo bassinet.
Crib sheets	Super Natural Baby	Get two sets.
Swaddling blankets	SwaddleMe, aden + anais	When it comes time to “break the swaddle,” try one arm at a time.
Mattress Pad cover	TL Care	Waterproof is a must.
Bassinet	Ninna Nanna	The Bugaboo bassinet can double as a real bassinet.
Snuggle Nest, if not using a bassinet	Supreme	When baby starts squirming out, it’s time to retire the Snuggle Nest.
Audio monitor	Graco Digital	Light sleepers may find even the lowest volume setting too disruptive.
Night light	Oxo Candela	Portable night lights are great for middle-of-the-night feedings.
Video monitor	Summer Infant	If you think you’ll obsess and watch baby all night, don’t use the video monitor until baby starts rolling over.
Mesh bumper	Breathable Baby	Not as comfy-cozy as traditional bumpers, but eliminates the suffocation fears.